

# Bike and steam train ride in the Somme Bay



*Experience the dizzying, wide open spaces, between the Somme Bay and Marquenterre*



Recognised as a site of exception and a member of the very closed "most beautiful bays in the world" club, the Somme Bay boasts a large variety of landscapes.

Depending on the tides and seasons, the bay's particularly wide mouth into the English Channel offers exceptional scenery where the sky, land and sea merge into one in subtle shades and light.

On the marked Gravelot track, (see map opposite), the bike ride starting point is in Cayeux-sur-Mer, where hundreds of beach huts lined up on a track-way facing the sea, evoke by-gone seaside charm. Following the Route Blanche that snakes in and out of the dunes, you will discover a whole new universe- Brighton woods with its pine trees and the strips of dunes and stones that are washed up in the Somme Bay at Pointe du Hourdel, a little port that opens up to infinity.

From there, on the other shore you will see Marquenterre pine forest and Le Crotoy. Continue along the bike path to reach Saint-Valery-sur-Somme!



All marked bike paths in the Somme Bay can be downloaded at [www.baiedesomme.org](http://www.baiedesomme.org)

This medieval town, set with fortifications and perched on the cliff, dominates the Bay. Large Anglo-Norman villas tower up between battlements and the sea.

Pleasure boats are moored along the fairway and the piers. Your peaceful Saint-Valery-sur-Somme excursion will be disrupted momentarily by the whistling of the Somme Bay miniature train, a local steam train from the start of the century which meanders its way around the Somme Bay, at the grand old speed of 20 km an hour, across fields and marshes, wet lands and low-lying areas. This train will take you and your bike back to Cayeux-sur-Mer.

What images will you take home from this trip? Streets in bloom, the changing panoramas and colours of the Somme Bay, salt meadow sheep grazing in the low-lying marshes, the plume of steam from the railway, your bike adventures in the Bay? Probably all of the above and the feeling of having experienced some truly exceptional moments...

Somme Bay Railway  
Saint Valery sur Somme Station- BP 31  
80230 Saint Valery sur Somme (Map D)  
Tel: +33 (0)3 22 26 96 96  
[www.chemin-fer-baie-somme-asso.fr](http://www.chemin-fer-baie-somme-asso.fr)

# To see & do nearby...

## You have An afternoon



- The *Relais de la Baie*: the café-gallery belonging to British painter, Pippa Darbyshire, in Noyelles sur Mer (Map: C)
- **Saint Valery sur Somme**: the medieval town and the unobstructed view over the Somme Bay, from the top of the battlements

## You have A day

- **Valloires Gardens** and the Table du Jardinier restaurant, where chef, Ludovic Dupont, concocts culinary delights with flowers. In Argoules (Map: A)
- **Marquenterre Park**, in Saint Quentin en Tourmont (Map: F)
- A **sea kayak** trip in the Somme Bay
- **Crossing the Somme Bay on foot**: Emmanuel Dubert will take you on a discovery trip to the estuary. Head to "Promenade en Baie" in Crotoy (Map: B)

## You have A week-end

### Amiens Cathedral



- **Amiens**: la Cathedral Notre Dame, the Saint leu district on foot or by boat and Les Hortillonnages (Map: G)
- Sample the dizzying wide open spaces on a **sand yacht!** Adapted to beginners to the sport, the sand yacht allows you to discover the area in a unique way.

## To Sample nearby...

Eric Van Oost's **Salt meadow lamb terrine with salicornia**, at the Conserverie Saint Christophe, in Argoules, *"to be eaten with a good salad and a slice of toasted bread"*



# The Remparts Herbarium, in Saint Valery

Nestled at the top of Saint-Valery-sur-Somme old town, in the heart of the Somme Bay, the Remparts Herbarium belonged to the hospital's nuns in the 18<sup>th</sup> century.

Nicole Quilliot, who discovered the herbarium in 1996, is going to great lengths to revive it. In this garden measuring 1,700 m<sup>2</sup>, set around an old apple tree, she has created themed sections, just as in by-gone times, with ornamental, historical, textile, dyeing, food, seasoning and medicinal plant varieties. She knows all their secrets. As you will see, she is inexhaustible!

*"I renovated the garden in the spirit of a hospital garden, its original function. I also reconstituted the little biotopes and sometimes, because of the diversity here, some visitors bring me a plant, knowing that I will take great care of it"*

The Remparts Herbarium  
36 Rue Brandt  
80230 Saint Valery sur Somme  
Tel: +33 (0)3 22 26 69 37 ou +33 (0)3 22 26 90 72  
[www.saint-valery-sur-somme.fr](http://www.saint-valery-sur-somme.fr)



Nicole Quilliot

“ *Sometimes, visitors bring me a plant, knowing that I will take great care of it* ”

Nicole Quilliot

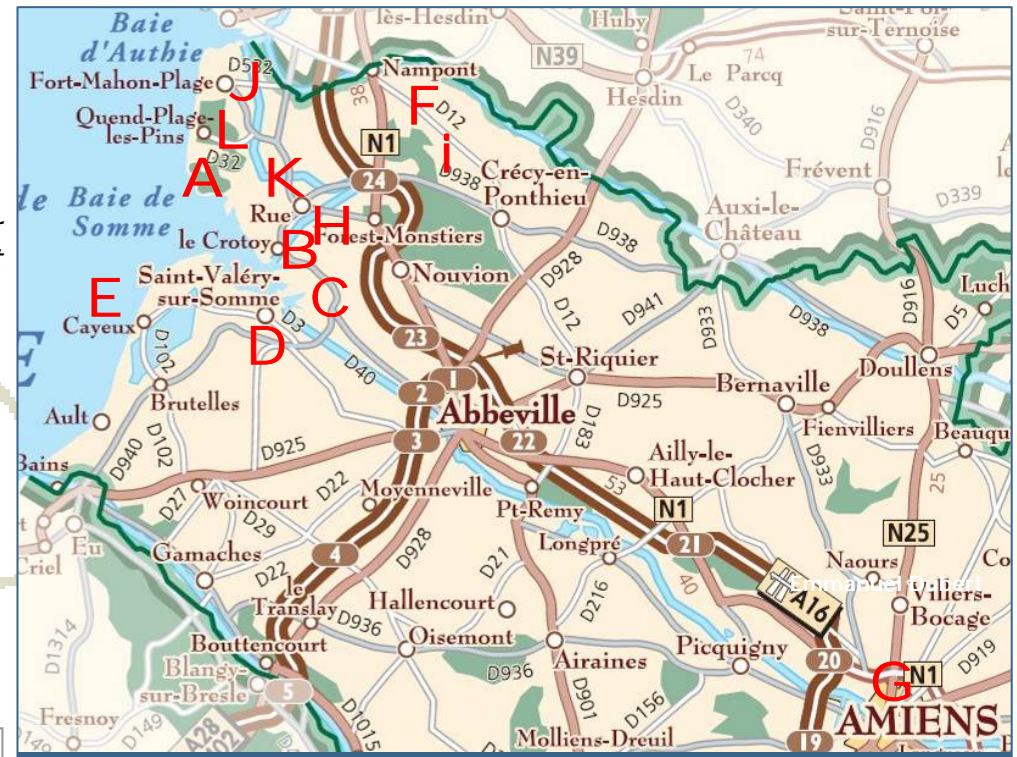
A stroll in the dunes





- Antoine and Patricia Poupart's guest house, at Mézoutre Farm, in Vironchaux (Map: I)  
*"Here we feel protected from the rest of the world; red lights and car horns. We are truly privileged and our visitors know it, that's what they come looking for: authentic peace and nature".*

- "Le Relais Guillaume de Normandie", Logis de France\*, in Saint Valery sur Somme (map: D)
- "La Colonne de Bronze", Logis de France\* and Table Régionale de Picardie\*, in Saint Valery sur Somme
- "Les Pilotes", Logis de France\*, in Saint-Valery-sur-Somme
- "l'hôtel le Port et les Bains" in Saint Valery sur Somme
- "L'Hôtel de la Terrasse", Logis de France\*, in Fort-Mahon-Plage (map: J)
- "La Clé des Champs" Inn, Table Régionale de Picardie\*, in Favières (map: H)
- Christine and Francis Quennehen's Bed and Breakfast Inn, in Favières (map: H)
- Marylise Petit's Bed and Breakfast Inn ("La Mare aux Iris"), in Rue (map: K)
- Claudine and Patrick Van Bree's Bed and Breakfast Inn ("Le Thurel"), in Rue
- Elisabeth Boutin's Bed and Breakfast Inn ("La Ferme de la Motte"), in Quend (map: L)
- Marie-Pierre and Daniel Paquet's Bed and Breakfast Inn, in Quend



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|-------------------------------|--------------------|----------------------|
| A – Saint Quentin en Tourmont | E – Cayeux sur Mer | i – Vironchaux       |
| B – Le Crotoy                 | F – Argoules       | J – Fort Mahon Plage |
| C – Noyelles sur Mer          | G – Amiens         | K – Rue              |
| D – Saint Valery sur Somme    | H – Favières       | L – Quend            |



\* The Logis de France label ensures you a quality welcome, authenticity and discovery of regions through a menu that highlights local products. Tables Régionales de Picardie groups together restaurant owners who work with local products and serve Picardy recipes

## Did you know?



Salicornia is a small, wild plant that grows naturally in the soil around the Somme Bay, regularly covered by sea water. Highly appreciated by gourmets for its iodine flavor, it can be eaten fresh, as a vegetable, steamed or as a seasoning, preserved in vinegar.

## PRACTICAL INFORMATION

**Marcanterra Sea Ranch**  
 Chemin des Garennes  
 80120 St Quentin en Tourmont  
 Tél : +33 (0)3 22 25 03 06  
[www.marcanterrasearanch.com](http://www.marcanterrasearanch.com)

**Herbarium des Remparts**  
 36, rue Brandt  
 80230 Saint Valery sur Somme  
 Tél : +33 (0)3 22 26 69 37  
 ou +33 (0)3 22 26 90 72

**Le Relais de la Baie**  
 80120 Noyelles sur Mer  
 Tél : +33 (0)3 22 23 50 20  
<http://darbyshire.free.fr>

**Jardins de Valloires**  
 80120 Argoules  
 Tél : +33 (0)3 22 23 53 55  
[www.jardinsdevalloires.com](http://www.jardinsdevalloires.com)

**Kayak de Mer et Va'a de la Baie des Phoques**  
 23, rue de la Ferté  
 80230 St-Valery-sur-Somme  
 Tél. +33 (0)3 22 60 08 44  
[www.baiedesphoques.org](http://www.baiedesphoques.org)

**Office de Tourisme Saint Valery sur Somme**  
 Tél : +33 (0)3 22 60 93 50

**Conserverie St Christophe**  
 Petit Chemin  
 80120 Argoules  
 Tél : +33 (0) 03 22 23 91 60

**Chemin de Fer de la Baie**  
 Gare – BP 31  
 80230 Saint Valery sur Somme  
 Tél : +33 (0)3 22 26 96 96  
[www.chemin-fer-baie-somme.asso.fr](http://www.chemin-fer-baie-somme.asso.fr)

**Office de Tourisme d'Amiens**  
 Tél : +33 (0)3 22 71 60 50  
[www.amiens.fr/tourisme](http://www.amiens.fr/tourisme)

**Office de Tourisme de Péronne**  
 Tél. +33 (0)3 22 84 42 38  
[www.amiens.fr/tourisme](http://www.amiens.fr/tourisme)

**Hébergement / restauration :**  
**La Ferme de Mézoutre**  
 80150 Vironchaux  
 Tél : +33 (0)3 22 52 33 33

**Le Relais Guillaume de Normandie**  
 46, quai du Romerel  
 80230 St Valery sur Somme  
 Tél : +33 (0)3 22 60 82 36  
[www.guillaumedenormandy.com](http://www.guillaumedenormandy.com)

**La Colonne de Bronze**  
 43, quai du Romerel  
 80230 St Valery sur Somme  
 Tél : +33 (0)3 22 60 80 07

**Les Pilotes**  
 37, quai Blavet  
 80230 St Valery sur Somme  
 Tél : +33 (0)3 22 60 80 39  
[www.lespilotes.com](http://www.lespilotes.com)

**Hôtel le Port et les Bains**  
 1 Quai Blavet  
 80230 St Valery sur Somme  
 Tél : +33 (0)3.22.60.80.09  
[www.picardia.fr](http://www.picardia.fr)

**L'Hôtel de la Terrasse**  
 1461 avenue de la Plage  
 80120 Fort Mahon Plage  
 Tél : +33 (0)3 22 23 37 77

**La clé des Champ**  
 13 Place Frères Caudron  
 80120 FAVIERES  
 Tél : +33 (0)3 22 27 88 00

**Christine Quennehen**  
 930, rue des Forges  
 80120 Favières.  
 Tél : +33 (0)3 22 27 75 58  
<http://www.lavieilleforge.fr/>

**Marylise et Pierre Petit**  
 262 Becquerel  
 80120 Rue  
 Tél : +33 (0)3 22 25 03 98  
<http://lamareauxiris.monsite.wanadoo.fr>

**Claudine Van Bree**  
 Le Thurel  
 80120 Rue  
 Tél : +33 (0)3 22 25 04 44  
[www.lethurel.com](http://www.lethurel.com)

**Marie-Pierre Paquet**  
 Route de Berck  
 Châteauneuf Vieille Ecluse  
 80120 Quend  
 Tel: +33 (0)3 22 23 20 61  
[www.vieillecluse.com](http://www.vieillecluse.com)

**Josette Gaudin**  
 16 rue de Bretagne  
 80120 Villers sur Authie  
 Tel: +33 (0)3 22 27 77 25  
[www.labretagnere.com](http://www.labretagnere.com)